



THE SOCIETY FOR
THE ARTS IN DEMENTIA CARE

Half - Day Workshop

Assessing the Creative Expressive Abilities of People Living with Dementia (CEAA Tool)

Friday, September 13, 2013

At Gateby Intermediate Care Residence,
3000 Gateby Place, Vernon, BC

8:30am -12:00 noon

Fee: \$70

Presented by:

Dr. Dalia Gottlieb-Tanaka

8:30	Registration
8:45	Welcome
9:00	Background: <ul style="list-style-type: none">▪ aging of society▪ available evidence on activity programs offered for people living with dementia,▪ the need for additional quantitative data for systematic research on activity programming which works for different populations
9:20	Brief review of tools available for collecting quantitative data on the creative expressive abilities of people living with dementia: OSHKOSH & MARCC
9:40	Steps in the development of the CEAA , with focus on item selection/creation, and establishing reliability and validity
10:00	Detailed instruction on a selection of CEAA items
10:15	Coffee break
10:30	Using the CEAA while watching video footage
10:45	Group debriefing/discussion of scores
11:00	Re-using the CEAA with new video footage, followed by debriefing
11:15	Report on who uses the CEAA & Discussion of other possible uses of the CEAA (suitability for different kinds of projects)
11:30	Using the CEAA for self-assessment, for training activity facilitators, for clarifying aims of activity programs
11:45	Closing comments by participants & presenters



WHY IS THE CEAA TOOL NEEDED?

- The ageing of the population will peak between 2025 and 2045, increasing the number of people with dementia and in need of care.
- Emerging research shows that programs which engage people with dementia in some form of creative activity (e.g. painting, making music and singing) can be surprisingly effective in enhancing their psychological health and well-being and thus quality of life.
- The benefits of such programs need to be documented to foster their acceptance by creative expression facilitators, care facility administrators and staff, as well as by other care professions. For those reasons, we have created a new tool for collecting comprehensive quantitative data on the positive effects which occur when people with dementia participate in creative activities.

WHAT IS THE CEAA TOOL?

- The Creative Expressive Activity Assessment (CEAA) tool, has 25 core items that cover seven different domains (memory, attention, language, psychological skills, reasoning, emotionality, culture).

WHO IS THE TOOL INTENDED FOR?

- The instrument is intended for use by activity facilitators for the purpose of tracking changes in the expressive abilities of individual clients or for comparing the beneficial effects of participating in different types of activities.

WHAT IS THE PURPOSE OF THE WORKSHOP?

- To gain experience with the CEAA¹.
- Report on the development of the CEAA and the steps to improve its reliability and ascertain its validity. We will also discuss possible uses of the tool in research and practice settings.
- Video recordings of clients who are engaged in familiar care-centre activities will be presented and workshop attendees will practice observing and scoring their behaviour by means of the CEAA.

¹ Note: The CEAA tool will be available on-line for a special price of \$300 Canadian currency (not including shipment) for participants who have attended workshops on the CEAA tool



THE SOCIETY FOR THE ARTS IN DEMENTIA CARE

WHO WE ARE

- Dalia Gottlieb-Tanaka, PhD (dr.daliagt@gmail.com)



Dalia Gottlieb-Tanaka earned her PhD from the University of British Columbia, in the Institute of Health Promotion Research and the Interdisciplinary Studies Program. She graduated in 1976 from the Bezalel Academy of Arts & Design in Jerusalem, and received a Master of Architecture degree in 1980 from the University of British Columbia. After working in architecture for about 30 years and raising a family, Dalia returned to school to pursue a new direction in gerontology, specifically in the study of creative expression, dementia and the therapeutic environment. The Creative Expression Activities Program she conceived and developed for seniors with dementia won an award from the American Society on Aging and the MetLife Foundation. She continues to deliver presentations and workshops demonstrating the program in the US and Canada. Dalia founded the Society for the Arts in Dementia Care in British Columbia and is the moving force behind the annual conferences and workshops on creative expression, communication and dementia (CECD). For further information see <http://www.daliagottlieb-tanaka.ca/> and www.cecd-society.org

- Peter Graf, PhD (pgraf@psych.ubc.ca)



My research is focused on the following broad topics:

- **Memory:** The nature of episodic prospective memory and its relation with episodic retrospective memory
- **Usability:** The usability of handheld communication and computing devices
- **Personhood:** The relationship between personhood and cognition in old age and dementia

For further information see - <http://www2.psych.ubc.ca/~pgraf/peter.htm>

To register please visit our website: www.cecd-society.org