



Presenters' Biographies



Asa Don Brown, PhD

Asa Don Brown is a professional therapist, advocate, inspirational and motivational speaker, author, and personal-life coach. He holds a doctorate in clinical psychology from Capella University. Brown maintains a private practice in Williams Lake, British Columbia. He has taught and lectured at the community college, undergraduate, and graduate levels; he regularly consults and engages businesses and business leaders on topics that directly affect their fields.



Bernie Warren, PhD

Bernie Warren is a Professor of Drama in Education & Community at the University of Windsor and is the Founder of *Fools For Health*. An internationally respected researcher, writer and teacher on the role of the arts in healthcare and education, his work brings together his Eastern training (in Chinese and Japanese martial and healing arts) with his Western training (in psychology and the performing arts). He has worked in clinical, educational and community settings worldwide and held university positions in both Drama/Theatre and Psychology since 1982. Bernie has taught clowning to university students and professional artists since 1972. He created the *Fools For Health* clown-doctor program in 2000 and in 2003 created a Familial Clown program to work mainly with seniors with dementia. In 2001 he was the recipient of the University of Windsor's Alumni Award for Distinguished Contributions to University Teaching, and has been included in Canadian Who's Who since 1994. He regularly works in hospitals and healthcare facilities as "Dr. Haven't-a-Clue".



Dalia Gottlieb-Tanaka, PhD

Dalia Gottlieb-Tanaka earned her PhD from the University of British Columbia in the Institute of Health Promotion Research and the Interdisciplinary Studies Program. In 1976 she graduated from the Bezalel Academy of Arts & Design in Jerusalem, and in 1980 received a Master of Architecture degree from UBC. After working in architecture for

about 30 years and raising a family, Dalia returned to school to pursue a new direction in gerontology, specifically in the study of creative expression, dementia and the therapeutic environment. The Creative Expression Activities Program she conceived and developed for seniors with dementia won an award from the American Society on Aging and the MetLife Foundation. She continues to deliver presentations and workshops demonstrating the program in the US and Canada. Dalia founded the Society for the Arts in Dementia Care in British Columbia and is the moving force behind the annual conferences and workshops on creative expression, communication and dementia (CECD). She is an adjunct professor at UBC and taught in the Architectural Science Program at the BC Institute of Technology.



David Barnett

David Barnett is a professor in the Drama Department at the University of Alberta where he specializes in community-based theatre and acting. Founding Artistic Director of Catalyst Theatre, he is an award-winning radio and television writer, director and dramaturge. His past work includes Popular Theatre research in India, Bangladesh, West Africa and the Philippines, and theatre workshops and adjudications throughout Canada. David is the Founding Artistic Director of GeriActors and Friends, a community-based intergenerational theatre company, currently in its ninth season. He is also the producer of FEST – Festival of Edmonton Seniors Theatre, and of an Artist-Teacher project developing best practice in the delivery of theatre programs to seniors. In 2009, David Barnett was awarded a 3M National Teaching Fellowship - the most prestigious recognition of excellence and leadership in Canadian university teaching. He previously was honoured in 2007 with a University of Alberta Rutherford Award for Excellence in Undergraduate Teaching.



Jan Clark, HlthSc Nsg

Jan Clark, the Executive Care Manager of the Maurice Zeffert Home (Inc) in Perth, Australia has worked in Clinical Management for the past 18 years. Jan's background in nursing began at Princess Margaret Hospital in 1971. For many years she has studied and practiced Aromatic Medicine and Spark of Life Dementia Care to successfully implement therapeutic treatments and enhance the wellness of others. Jan aspires to continually improve aged and dementia care practice through leadership of a multidisciplinary team achieving excellence in contemporary, person-centred care, in spite of increasing budgetary constraints. Her definition of success is creating a happy and inspirational environment for her staff and their clients, so they are empowered to achieve and enjoy life to the maximum. Jan strongly believes that through networking with people passionate about creativity in aged care, synergic innovations in health care cultures occur.



Jeanne Sommerfield

In Jeanne's approach to working with seniors, she endeavours to provide opportunities for meaningful engagement in all domains, based on programs that enhance dignity and validate life experience. She greatly enjoys the opportunities available through conferences and workshops to keep abreast of current academic and practical research and resources in the field of gerontology, which she then disseminates with others in order to create an awareness and understanding of leisure, recreation and wellness for elders, thereby promoting the field and supporting those who work within it. As a practitioner working daily with seniors of all abilities, Jeanne's goal is to enhance dignity, provide support, increase understanding, and improve quality of life for seniors and their families.



Jeff Nachtigall

Jeff Nachtigall earned his Bachelor of Fine Arts at the University of Regina in 1993 where he studied printmaking and sculpture. He was awarded several scholarships and after one year in the Master of Fine Arts program at Illinois State University, Nachtigall moved to Calgary to pursue art on a full-time basis. He has participated in a number of international art residencies, including artist in residence positions in a number of institutions across the country. He continues to guest lecture at post secondary institutions in Canada and the United States. His work has been widely exhibited throughout North America, and is well represented in a number of private, corporate and public collections. His curatorial practice has received critical acclaim with innovative projects like STUDIO 99, a month-long multidisciplinary art collaboration, involving over 200 artists, and more recently, The Insiders, an exhibition of drawings and paintings by individuals with limited mobility and cognitive disorders. In 2009 Nachtigall was short listed for the Lieutenant Governor's Award in Art's and Learning. He currently lives in Saskatoon.



Jeni Winslow, Dip. OT

Jeni is an occupational therapist with many years' experience working with people with dementia in residential aged care facilities. Her work has included introducing and evaluating creative expressive arts programs for people with dementia. In her role as a Master Practitioner in Spark of Life model of care, Jeni currently supervises a revolutionary dementia specific program aimed at enhancing wellbeing through creative expression. Jeni has a strong background in the creative arts and is a founding board member of The Society for the Arts in Dementia Care (Australia) Inc.



Judith-Kate Friedman

Judith-Kate Friedman is an award-winning vocalist, songwriter, producer, and creative catalyst. Known for passionate folk/roots concerts, keynotes and workshops, she performs and teaches internationally. As founder and director of the Songwriting Works™ Educational Foundation, Friedman has composed hundreds of songs with elders across spectra of physical, cognitive and mental health. She is the recipient of the 2008 Sadler/Society for Arts in HealthCare International Healing Arts award, the 2007 Met Life/American Society on Aging MindAlert award, and a 2009 grant from the National Endowment for the Arts. A study of Songwriting Works™ demonstrated health and social benefits. Friedman's publications on the work include "Freeing the Voice Within: The Art of Songwriting with Elders with Dementia," the CD "Island on a Hill," and film "A Specially Wonderful Affair" featuring project participants. Learn more at www.songwritingworks.org



Julia Stewart Clark, PhD

Julia Stewart Clark is a Consultant in Clinical Neuropsychology. Initially a post-doctoral neuroscience researcher, Clark retrained as a clinical psychologist, later specialising in neuropsychology. After qualifying, she worked as a lecturer and clinical tutor in Psychological Medicine at the University of Glasgow. She continues to hold honorary senior lecturer status while providing consultancy to a range of community rehabilitation teams in the West of Scotland.



Julie Gross McAdam, MA

Julie Gross McAdam, holds a Master's degree and postgraduate qualification in dementia care and service. She is currently the recipient of an Australian Postgraduate Award, and is doing her doctoral research on the relationship between arts and dementia and wellbeing at Victoria University in Melbourne, Australia. She is the author of the widely acclaimed, award-winning MAC.ART program - www.macart.com.au. Since 2001, Julie has directed more than 2,500 participants in the program in the creation of over twenty major community artworks.



Marlene Cox-Bishop, PhD

Marlene Cox-Bishop is an artist, designer and educator. She creates works of art on textiles and on paper. Her creative works include paintings on rice paper using textile-related production tools and processes. They are closely influenced by Japanese woodblock artists and French painters. Her textiles and paintings are housed in public and private collections in the United States and Canada. She believes enhancement of the built environment and individual well-being can be facilitated through creation of works of art and design. Cox-Bishop's creative investigations relate to the development of visual literacy in others and of visual communication skills as they affect our lives. Here, creativity is seen as process as well as product. Cox-Bishop has travelled with graduate students to conduct fieldwork and to collect textile artifacts in Japan, India and Africa. Her students have won prizes for textile designs in competitions sponsored by the International Textile and Apparel Association.



Metropolitan Jewish Health System, Brooklyn, NY

Michael McGaughy, MT-BC, graduated from Ohio University and interned at the Louis Armstrong Center for Music and Medicine. Currently, he works for MJHS and the Postgraduate Center for Mental Health.

Kendra Ray is a Board-Certified Music Therapist and Licensed Creative Arts Therapist, who works as Music Therapy Project Manager for Metropolitan Jewish Health System.

Scott Stuart, MM, MT-BC, worked as a hospice music therapist for four years, and is now a music therapist on a dementia research grant at Metropolitan Jewish Health System.

Emily Nickerson (Chair), MA, worked in Communication at NYU before becoming the project coordinator for a dementia research grant at Metropolitan Jewish Health System.



Pamela Brett-MacLean, PhD

Pamela Brett-MacLean is Director of the Arts & Humanities in Health & Medicine Program at the University of Alberta. She works to enhance a sense of creative aliveness within the Faculty by infusing the arts and humanities in curricular and extra-curricular activities to foster more compassionate, patient-centred care. She is a co-founding chair of the Canadian Association for Medical Education's Interest Group, Arts, Humanities and Social Sciences in Medicine. She is the editor of two columns in the University of Alberta Health Science Journal – "Musa: Arts and Humanities in Health and Medicine" and "Teaching Corner: Arts and Humanities in Health Education." Pamela's doctorate degree from the University of British Columbia in Interdisciplinary Studies focused on the benefits of arts engagement in later life. She has remained committed to fostering awareness of the contribution of the arts in relation to healthy aging. In 2008, she helped introduce the week-long Creative Age Festival in Edmonton, and has continued to be involved in organizing various symposia and events related to this annual festival. Currently, she is working on connecting medical students with creative older adults in the Edmonton area to help develop new visions and possibilities in relation to aging.



Patricia Bruce, BFA, BCSAT dip.

Art therapist Paddy Bruce works at the Kiwanis Pavilion in Victoria, British Columbia, a 116-bed complex care, long-term facility for people with dementia. Her art background has a cross-cultural orientation, ranging from art school in San Miguel Allende, Mexico, to the London School of Dressmaking and Design in England. Her BFA from Western Washington University is in design and photography. Her graphic design and illustration work can be seen in her book *Milagros: A Book of Miracles* published by Harper San Francisco. Recently she graduated with a Master's level degree in Art Therapy from The BC School of Art Therapy located in Victoria, BC. During her thesis work she was given an opportunity to conduct a feasibility study for the Pavilion to show the effectiveness of art therapy for people with dementia. The results led to the creation of a part-time position to provide art therapy to residents of the facility.



Peter Graf, PhD

Peter Graf completed his PhD in 1981 at McMaster University. Following two years of postdoctoral work at the University of California at San Diego, he held an NSERC university research fellowship at the University of Toronto from 1983-87, and then moved to the University of British Columbia where he is now a professor of psychology and director of the NSERC and CIHR-funded Memory and Cognition Laboratory. His research focuses on human

memory – especially its prospective component, its normal development across the adult lifespan and how it changes when the brain is affected by trauma or disease, such as Alzheimer's. He is also investigating age-related changes in the usability of handheld devices such as cell phones and PDAs. Graf's research has resulted in over 85 published articles and chapters, 3 edited books, and numerous conference, workshop and invited presentations in many countries. In addition to his research, Graf has served in various editorial capacities for several journals and is currently an associate editor of the Canadian Journal of Experimental Psychology. He has been involved in organized psychology in Canada, currently serving as secretary/treasurer of the Canadian Society of Brain Behaviour and Cognitive Science, and as president-elect of the Canadian Psychological Association.



Richard Coaten, PhD

A Dance Movement Psychotherapist with the South West Yorkshire Partnership NHS Foundation Trust in England, Richard is employed on a part-time basis working in Older Peoples Services in Calderdale, running a Dance Movement Psychotherapy Service. An experienced arts psychotherapist, dancer, community dance worker and trainer, his special interests are in movement and dance work with older people with memory problems and those who care for them. He recently completed a doctoral thesis on the subject of "Dance Movement Psychotherapy & Dementia" at Roehampton University, London. He recognizes the need to support the development and training of dancers, therapists, carers and care-staff in this important and growing field. Richard has published work to his credit and has delivered significant conference presentations over the years, the last being at the 4th National UK Dementia Congress in Yorkshire 2009. He was awarded a Winston Churchill Travelling Fellowship this year to travel to Toronto and Vancouver, learning about embodied practices including dance based work, and sharing his own empirical researches, clinical practice and training work.



Shelley Klammer

Shelley Klammer is an expressive artist and a therapeutic art instructor at George Derby Centre in Burnaby, BC. She works with a team of 10 instructors to maintain a large working art studio that provides projects in painting, textiles, weaving and clay work to seniors with varying levels of dementia and physical challenges. Her background and training is in art therapy, transpersonal counselling and group therapy. She has developed and presented many therapeutic art programs over the years to various populations. Her intuitive group approach is grounded in the direct experience of engaging many types of people in the art-making process. She has developed art programs for incarcerated youth, adults with acquired brain injuries and developmental disabilities, seniors with Alzheimer's and dementia, with children and the general public.

